

Name :

Date :



Tour DE TOTS

Activity pack



FROG[®]
★ b i k e s ★



Tour DE TOTS



GET ON YOUR BIKE CHALLENGE

Complete as many of these challenges as you can...

Ride your bike in a figure of eight <input type="checkbox"/>	Follow your parent on their bike <input type="checkbox"/>	Climb a small hill on your bike <input type="checkbox"/>	Hop on and off your bike 5 times <input type="checkbox"/>
Push a ball along with your front bike wheel <input type="checkbox"/>	Balance on your bike with your feet off of the floor <input type="checkbox"/>	Take a ride to your local park <input type="checkbox"/>	Ride on some grass <input type="checkbox"/>
Ride a straight line for as long as possible <input type="checkbox"/>	Go round in circles on your bike <input type="checkbox"/>	Ride through some puddles <input type="checkbox"/>	Go on a family bike ride adventure <input type="checkbox"/>

How many challenges did you complete?



BALANCE BIKES

One of the most significant advantages of balance bikes is their role in preparing children for the transition to pedal bikes. By learning to balance and steer first, kids develop the essential skills needed for pedalling with ease. When the time comes to switch to a pedal bike, they'll already have the balance, knowledge of how to use brakes and the confidence to transition effortlessly. No need for training wheels!

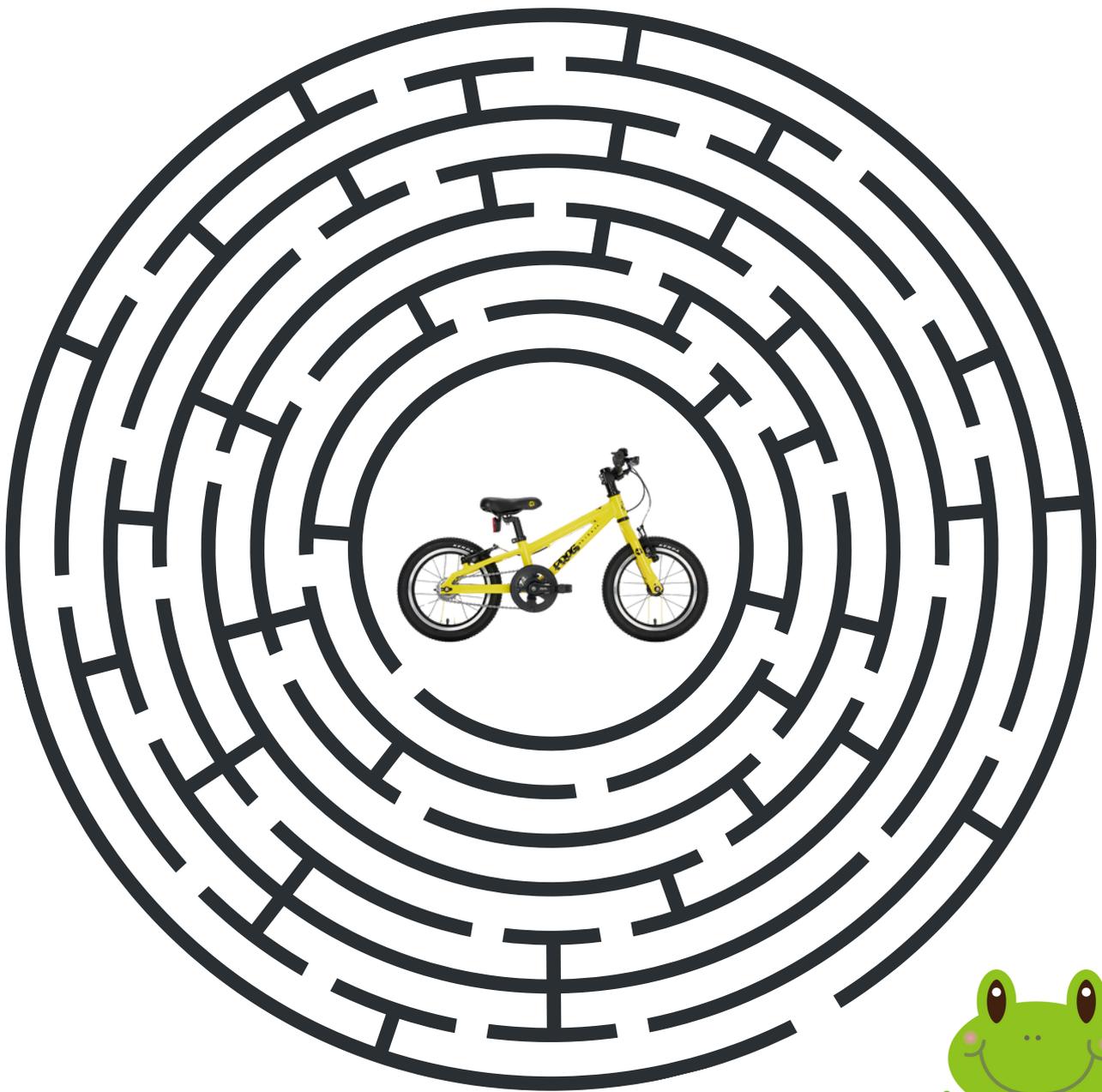


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FROGGY MAZE

Help Frog find his way to his next bike...
He's been using a balance bike but is now ready for a Frog first pedal bike!





Tour DE TOTS



FRENCH COLOURS

Ask an adult to help you learn these colours in French



rouge



orange



jaune



vert



bleu



rose



violet



blanc



gris



noir



Tour DE TOTS



Draw a line to match the colour to the crayon colour.

Orange

Jaune

Vert

Rouge

Bleu





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MY DREAM BIKE

What does your dream bike look like?
Draw and colour below...

